SiLAS
SEL Curriculum Scope

Tiers	Basic	Foundational	Continued Growth
Self-Awareness			
Identifying Emotions	☑	☑	☑
Identifying Anger	☑	☑	☑
What Makes Me Angry	☑	☑	☑
Identifying Anxiety	☑	☑	☑
What Makes Me Anxious	☑	☑	☑
Recognizing Strengths	☑	☑	☑
Self-Management			
Patience	☑	☑	☑
Goal Setting	☑	☑	☑
The Power of Yet	☑	☑	☑
Growth Mindset	☑	☑	☑
Perseverance	☑	☑	☑
Coping Skills	☑	☑	☑
Responsible Decision-Making			
Integrity	☑	☑	☑
Problem Solving	☑	☑	☑
Conflict Resolution	☑	☑	☑
Disagreeing	☑	☑	☑
Saying "No"	☑	☑	☑
Dealing with Peer Pressure	☐	☐	☑
Bullying	☑	☑	☑
Relationship Skills			
Active Listening	☑	☑	☑
Cooperation	☑	☑	☑
Sharing	☑	☑	☐
Making New Friends	☑	☑	☐
Meeting New People	☑	☑	☑
Trying Something New	☑	☑	☐
Handling Opposition	☐	☑	☑
Diversity	☑	☑	☑
Social Awareness			
Eye Contact	☑	☑	☑
Introductions/Hi & Bye	☑	☑	☑
Gaining Attention	☑	☐	☐
Generating Topics	☐	☑	☑
Topic Elaboration	☐	☑	☑
Topic Closure	☐	☑	☑
Asking Good Questions	☐	☑	☑

Interrupting	☐	☑	☑
Giving a Compliment	☐	☑	☑
Apologizing	☐	☑	☑
Taking Turns	☑	☑	☑
Winning and Losing	☑	☑	☑
Empathy	☑	☑	☑
Cheating	☐	☑	☑
Personal Space	☑	☑	☑
Facial Expressions	☐	☑	☑
Body Language	☐	☑	☑