

Types of Leisure Activities

Student Activity Sheet A

Bowling

Basketball

Reading a Book

Photography

Going to the Gym

Playing the Piano

Writing Poetry

Drawing

Swimming

Paying
Video Games

Yoga

Word Searches

Meditation

Putting Puzzles
Together

Ceramics

Going to
the Movies

Jogging

Gardening

Arts and Crafts

Listening to Music

Dancing

Fishing

Watching Sports
on TV

Practicing
Mindfulness